



Lewis

The Minch

Skye

6

The Little Minch

Wester Ross

Mull

8

LOCH NESS

10 1343 Ben Nevis

Jura

Grampian Mountains

Firth of Clyde

9

L. LOMOND

14

11

15

4

5

1

2





Easter Ross

Orkney Islands

Moray Firth

Strathspey

Firth of Forth

12

13

17

7

15

16

3

